

MENU **ALLERGY ADVICE - PLEASE ASK if you have any queries**

WEEK 2

MONDAY

Mushrooms and Sizzled Sage on Sourdough Toast

Mushrooms, sage, oil, lemon juice, parsley, sourdough bread, cheese

Gammon with Pears and Sweet Potato

Gammon, olive oil onions, peppers, pear, lemon, sugar, thyme, vegetable stock, sweet potatoes, corn flour, nutmeg

TUESDAY

Pea and Herb Soup with Homemade Croutons

Butter, spring onions, celery, peas, stock, herbs, crème fraise, bread

Chicken Breast with Lemon and Garlic

Chicken, garlic, butter, oil, lemon, flour, wine, parsley

WEDNESDAY

Red Lentil and Sweet Potato Pate with Melba Toast

Onion, garlic, sweet paprika, sweet potato, red lentils, stock, orange juice, bread

Pie of the Day

PLEASE ASK

THURSDAY

Melon Cocktail

Melon, Mango schnapps

Pork and Apple and Mustard

Pork fillet, onion, stock, mustard, apple, Crème fraise, Olive oil, sage

FRIDAY

Carrot Tarte Tartin

Carrots, honey, butter, thyme, puff pastry

Fish Dish of the Day

PLEASE ASK

SATURDAY

Smoked Bacon and Onion baked Savoury Bread and Butter Pud

Onion, bacon, cloves, milk, cream, egg, butter, bread, rosemary, cheese

Chicken with Chorizo and Sherry

Chicken, paprika, olive oil, onions, garlic, chorizo, tomatoes, sherry

MAIN COURSES served with a selection of vegetables and a potato dish

SWEET: Selection including Fruit Salad or Cheese and Biscuits

TEA/COFFEE/HOT CHOCOLATE with mints

PLEASE SPEAK TO US if you do not like our choice of the day....we can come up with an alternative!
If you would like a VEGETARIAN DISH/SPECIAL DIET DISH, again, PLEASE SPEAK TO US!