

CLEANING SELF-CATERING

WASH HANDS EVERY TIME YOU GO INTO DIFFERENT ROOM TO

AVOID CROSS CONTAMINATION.

Clean cloths EVERY TIME.If in DOUBT....CHUCK it OUT.....

When all rooms complete spray passage ways and work station with disinfectant.

External and Internal doors and door furniture	Spray with disinfectant on entering.
Open all windows	
Select "safe area" to put stripped bedding.	Spray with disinfectant
Bed throw	As above - folding and placing on safe area.
Bedding, towels	Strip from duvets and pillows and towels etc from bathroom – put in laundry basket. Spray duvets and pillows and put in safe area – hang out of windows if not raining!!!
Remove crockery/pots and pans/cutlery from kitchen and tooth mugs from bathroom	Place on tray outside room and bring over for washing by dish washer asap
Remove bin bag/s	Place outside in bin downstairs
Remove remaining teas, coffees , left food items etc, loo rolls	Place in "quarantine" box
Chairs, furniture, other surfaces, loo, hand basin, bidet, shower/bath	Spray with disinfectant – leave on all surfaces for as long as....except WOODEN furniture – wipe off after 1 min or so and polish!!
BEDROOMS:	Spray INSIDE bedside tables, cupboards, dressing tables drawers etc. Wipe over hair drier Dust and polish as usual.
BATHROOM:	Ensure all spray disinfected first and continue normal cleaning routine.
KITCHEN:	Disinfect all cupboards and surfaces Replenish crockery and cutlery Replenish cooking implements and pots/dishes.
Make up bed/s	
Replace towels	
Replace towels	
Replenish complimentaries.	
Vacuum	
Close windows	
HALL WAY:	Spray with disinfectant all over and allow to dry Pay particular attention to hand rail/door furniture and key.

Disinfect, Dust, Polish and Vacuum